



BISHOP CHALLONER CATHOLIC COLLEGE

FOOD POLICY

1. RESPONSIBILITIES

The Governing Body recognizes the important connection between a healthy diet and a student's ability to learn effectively and achieve high standards in school. The Governing Body also recognizes the role a school can play, as part of the larger community, to promote family health, and sustainable food and farming practices.

The Governing Body recognizes that sharing food is a fundamental experience for all people; a primary way to nurture and celebrate our cultural diversity; and an excellent bridge for building friendships and inter-generational bonds.

2. MISSION

The educational mission is to improve the health of the entire community by teaching students and family's ways to establish and maintain life-long healthy and environmentally sustainable eating habits. The mission shall be accomplished through food education and skills (such as cooking and growing food), the food served in schools, and core academic content in the classroom.

3. AIMS

To improve the health of pupils, staff and their families by helping to influence their eating habits through increasing their knowledge and awareness of food issues, including what constitutes a healthy and environmentally sustainable diet, and hygienic food preparation and storage methods.

To increase pupil's knowledge of food production, manufacturing, distribution and marketing practises, and their impact on both health and the environment.

To ensure pupils are well nourished at school, and that every pupil has access to safe, tasty and nutritious food, and a safe, easily available water supply during the day.

To ensure that food provision in the school reflects the ethical and medical requirements of staff and pupils e.g. religious, ethnic, vegetarian, medical and allergenic needs.

To make the provision and consumption of food an enjoyable and safe experience.

To introduce and promote practices within the school to reinforce these aims, and to remove or discourage practices that negate them

4. OBJECTIVES

To work towards ensuring that this policy is both accepted and embraced by

- Governors
- School management
- Teachers and support staff
- Pupils Parents
- Food providers
- The school's wider community

To integrate these aims into all aspects of school life, in particular

- Food provision
- The curriculum
- Pastoral and social activities

5. METHODS

Establish an effective structure to oversee the development, implementation, and monitoring of this policy, and to encourage a participatory approach to meeting the objectives.

Develop an understanding and ethos within the school of safe, tasty, nutritious, environmentally sustainable food.

Help to promote and raise awareness of environmentally sustainable food production methods and socially responsible food marketing practises.

Reviewed July 2016

Next review November 2017